

Newtbec

NEW WAY OF BEING CHURCH

Pentecost Sunday



SENT WITH JOY TO HEAL



MONTHLY THEME:
LIFE TO THE FULL

EMPOWERED

By the Spirit

“Do you not know that you are God’s temple and that God’s Spirit dwells in you?” (1 Cor 3:16). This was a question posed by St Paul two thousand years ago, but nonetheless, it still remains a relevant question. So, in this day and age, do we know this? We are spiritual beings because the Holy Spirit dwells within us.

O Holy Spirit,
descend
plentifully
into my
heart.

– St. Augustine



Scripture of the Day:

Acts 2, 1-11

Ps 103, 1. 24. 29-31. 34

1 Cor 12, 3-7. 12-13.

Jn 20, 19-23.

It is the Holy Spirit who teaches us to pray (Romans 8:26), who cries out “Abba Father!” (Gal 4:6) and who proclaims that “Jesus is Lord” (1 Cor 12:3). **The Holy Spirit calls us to repentance**, to turn our lives around, to take up our cross and follow Jesus. The Holy Spirit is our Helper, assisting us in our journey to live good and faithful lives.

It is through this same Spirit that we are formed into men and women of virtue. This of course, does not happen overnight, nor does it happen without hard work or discipline. How much we grow as men and women of God, depends on how attentive we are to the promptings of the Holy Spirit. Let us too be reminded that we are not alone in this endeavour, for it is the Holy Spirit who bestows upon us the gifts of wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord (Isaiah 11:2). It is also through this same Spirit that we are able to bear fruits of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control (Gal 5:22-23a) to all around us, for the glory of God.

“As the Father sent me, so am I sending you” (Jn 20:21). As Christians, we are commissioned by Christ and empowered by the Holy Spirit to face the challenges of this world; Challenges that seek to tear us apart from our relationship with Christ, and our attentiveness to the Spirit. Let us cling to our divine helper, our advocate, who fights for us and with us on this journey. It is the Holy Spirit who gives us strength to achieve great and wonderful things. It is the Holy Spirit who gives us the grace to be gentle, generous with our time, and resilient in our efforts to face difficult people and make tough decisions. The Holy Spirit is a spirit of joy, that overflows and exclaims to be shared with the world.

Lord, pour your Spirit upon us like the dewfall, that we may live our lives to full. †

Weekly
WORD

**The Holy Spirit
calls us to
repentance**